Exploring VoIP in Linux

GET CONNECTED

Using a headset and a webcam to make phone calls is easy, interactive, and even free, thanks

to VoIP. In this month's cover story, we'll help you choose a VoIP softphone, and we'll show you

how to configure your own Asterisk exchange server. BY STEFAN SCHWARZER

oIP offers many benefits, not the least of which is economy. PC-based phone calls are typically free, apart from the Internet charges you would pay anyway. VoIP also provides features that aren't available on most conventional phone lines. For instance, VoIP clients (also known as softphones) support video as well as voice, meaning that the person you call can actually see you. And VoIP is portable. If you register your current public IP address with your provider, your provider can forward your calls to wherever you are on the Internet.

Of course, VoIP has its disadvantages: for a good conversation over the Internet, you'll need a fast Internet connection. And if you want to receive incoming calls at any time, you will need to leave your computer switched on.VoIP might not be for everyone, but Internet telephony is growing increasingly popular as an alternative to conventional phone services. In this month's cover story, I explore VoIP in Linux.

From A to B

The data packets in an Internet-based call need a defined target, just like data packets when you surf the web. As an alternative to managing the IP addresses of your contacts locally, today's service providers give you the ability to enter your details in a kind of virtual phone book.

To do so, you need to register with the registrar, also known as your VoIP provider, telling the provider the IP address that people can use to contact you. If your address changes because you move or because your DSL provider interrupts the connection every 24 hours and assigns a new IP address, there is no need to tell all your contacts your new address.

If you reside behind a NAT gateway, you might not even know the public IP address. In this case, you will need STUN (Simple Traversal of UDP through NATs [4]), which gives clients behind a NAT gateway the ability to discover their publicly visible IP address on the Internet. A request to a STUN server tells you

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Table 1: VoIP Configuration

Step	Comment
1. Internet access	Basic requirement for VoIP (not covered by this article)
2. Sound output	External loudspeakers and headset
3. Sound input	Set up headset or web- cam
4. Audio configuration	Settings in the VoIP client
5. STUN server	Configure in VoIP client (only required if you use a NAT gateway)
6. Provider details	Enter account details in VoIP client
7. Video input	Configure camera
8. Video input	Configure the VoIP client

your public Internet address, which you can then pass on to the registrar.

To make a call, subscribers need a unique ID, such as a **SIP** address. The SIP address acts as a kind of VoIP phone number, but it more closely resembles an email address:

sip:subscriber@domain. Subscriber A can use a SIP address of *sip:SubscriberB@ProviderB* to reach a contact, Subscriber B. The section following the at-sign (@) tells A's client the registrar of B.

Once the two subscribers, A and B, have found each other, they can exchange voice and even image data directly, normally with RTP (the Real-time Transport Protocol). To disconnect the call, both subscribers again use SIP to contact the registrar.

Configuration - Step by Step

VoIP configuration works best one step at a time; otherwise, tiny problems can quickly become impassable barricades. Table 1 shows a recommended configuration sequence.

To give you a taste of VoIP configuration, in the rest of this article, I describe how to set up the Ekiga telephony client

GLOSSARY

SIP: Session Initiation Protocol establishes a session between two VoIP subscribers. Besides SIP, there are other options for establishing a VoIP connection (H.323, standardized; Skype, proprietary), but SIP is the most widespread. (formerly GnomeMeeting) for the free provider Ekiga.net [5]. To make it easier to apply this configuration to other clients, I will not use the Ekiga wizard but will, instead, just follow the steps in Table 1. To follow this procedure, you will need to cancel the dialog when you first launch Ekiga. (Of course, if you will only be using Ekiga and do not care about configuring other softphone clients, you could just continue with the druid.)

The machine in our lab runs a recent version of Gentoo Linux; the device files might have slightly different names on other distributions. After completing the configuration, the system will use the external speakers, which are connected to a sound chip on the mainboard to signal incoming calls. For voice input and output, I will use a USB headset. My Internet connection is DSL with 6000Kbps in the downstream and 580Kbps in the upstream directions. The network type is insignificant, as long as it gives you enough bandwidth (approximately 150Kbps in both directions for a conversation without video).

Sound On

Most current Linux distributions use the Advanced Linux Sound Architecture (ALSA) [6]. Most distributors will build sound support into the kernel, or at least use a kernel module. If your desktop outputs acoustic signals while you are working, or if you can run an audio player to listen to music, ALSA or some other sound system has already been configured for your system.

Besides generic ALSA support, you also need drivers for audio chips. To support a USB headset, you will need the *snd_usb_audio* kernel module, which is often enabled. For a list of devices recognized by the ALSA system, check out the *proc* filesystem. The output should look something like that in Listing 1.

If your system fails to detect all the attached audio devices, you can help by recompiling the kernel or by installing an audio device-dependent driver.

If you have audio support on your mainboard or a sound card, the output from the *lspci* program should give you more details. The following line was -output on the machine in our lab:

00:04.0 Multimedia audio control ler: nVidia Corporation CK804 AC '97 Audio Controller (rev a2)

The output from *dmesg* when you plug in your USB headset tells you whether the operating system has detected the headset (Listing 2).

If your *proc* filesystem details all the audio sources you expected, you should be able to play audio files with a player such as Rhythmbox or Amarok. Depending on your distribution, you might need to add the VoIP user to a specific group – in this case, it is the *audio* group:

et

ls -l /dev/sound
...

LISUN	g 1: Displaying ALSA Devices	
cat /proc/asoun	d/cards	
[CK804]: NFORCE - NVidia CK804	
	NVidia CK804 with ALC655 at irg 17	

03				NVidia	CK804	with	ALCe	655 at	irq
04	1 [Headset]	: USB-Au	udio -	Logi	tech	USB H	leads
05				Logited	ch Log	itech	USB	Heads	et a
		~ ~ ~	~						

usb-0000:00:02.0-8, full speed

Listing 2: Plugging in Your Headset

Ol ∦ dmesg | tail

02 ...

01 #

02 0

- O3 usb 2-8: new full speed USB device using ohci_hcd and address 7
- 04 usb 2-8: configuration #1 chosen from 1 choice
- O5 input: Logitech Logitech USB Headset as /class/input/input5
- 06 input: USB HID v1.00 Device [Logitech Logitech USB Headset] on usb-0000:00:02.0-8





Figure 1: Audio devices are easy to set up in Ekiga.

Figure 2: In Ekiga, you can configure a ringing device separately.

```
crw-rw---- 1 root audio 14, 3 M
ay 15 16:30 dsp
crw-rw---- 1 root audio 14, 19 M
ay 16 23:05 dsp1
...
```

After adding a user to a group, you need to restart the applications, accessing the audio devices in a new shell to apply the changes. The *groups* command tells you the group memberships for the logged-on user.

If you don't get any sound from your loudspeakers, use a mixer program such as Alsamixer, Gamix, or Kmix to determine whether the output channels are muted or the volume settings are too low.

A headset or an internal microphone in a webcam are good options for voice input. A webcam mike should appear in the device list on the *proc* filesystem. Again, if you plan to communitcate with a device such as a webcam mike, use a mixer program to make sure the mike isn't muted.

Client-Side Audio

To tell the VoIP client to send voice output to the headset and not to your loudspeakers, select *Edit* | *Preferences* | *Devices* | *Audio Devices* (Figure 1) in Ekiga and specify the devices for voice input and output. If the required device does not appear in the list, click *Detect devices*.



Figure 3: A STUN server discovers the IP address of a network.

Figure 4: Setting up a user account with a provider in Ekiga.

Do not confuse the voice output device with the ringing device. If you use a headset, you will only want to wear it while you are making a call. If you used the headset as the ringing device, you would probably not hear an incoming call. It makes more sense to use your loudspeakers as the ringing device.

In Ekiga, the settings for defining the ringing device are located in *General* | *Sound Events* (Figure 2). Select the ringing device from the drop-down list under *Alternative Output Device*. If you do not hear anything when you click the *Play* button, try the *Default* or *Standard* output device instead.

Who Am I?

If your machine hides behind a router or a firewall that translates between the public Internet and your private LAN (through NAT), your client needs to contact a STUN server to discover its public IP address before it can exchange data. For this to happen, you need to enter the name of your provider's STUN server in your VoIP client program. In Ekiga, this setting is in *Protocols* | *Network Settings* (Figure 3). No matter how many accounts you have, one STUN server is enough.

For VoIP clients that support a STUN server for each account (such as Twinkle

Table 2: Account Data

Record	Comment
Name	Any name to uniquely identify the account in the VoIP client
Registrar	Name of the host with which your VoIP client will register
Username	Login name (supplied by you or your provider)
Password	Arbitrary password, or one supplied by your provider

[7]), it is fine to enter the STUN server recommended by the provider. If your machine has multiple IP addresses, you will need to specify the required port as the *Monitored port*. If you are unsure, try the selected interface.

Account Settings

Now it is time to set up a connection to a provider. Table 2 shows a list of typical account details. You receive most of these details from your provider when you set up an account. Although you can typically select your own username and password, some providers set even these details for you.

Figure 4 shows the settings for an account with Ekiga.net. In the Ekiga VoIP client, you can select *Edit* | *Accounts* to access these details and then press *Add* to enter them. Click *OK* when you are done.

If you have multiple accounts, it makes sense to specify your most frequently used account as the default. To select a default account, choose the entry and right-click the *Default* option to the right of the account list (the line is now in boldface).

Note that you need to check the box in the column below the *A* header in the table to register the client with the registrar, telling the registrar where to forward calls. If you see *Login failed* under the *Status* table header instead of *Logged in*, you can look forward to some troubleshooting.

Next, it is time to test drive your Ekiga account. To do so, put on the headset, enter the SIP address of a contact in the text box below the menu (to the right of *sip:*), and click the connect icon to the right. If your configuration works, you should hear a dial tone, and the connection should be established, assuming your contact accepts the call.

If you don't have anybody to call right now, you can try an automatic echo account such as *sip:500@ekiga.net*. When the voice stops, start talking, and you

In General	Video Devices				
Protocols Codecs Devices Audo Devices	Video Plugin Video plugin: Video Devices	V4L			
	Format: Channel:	Auto 0	•		
	image:	(hione)	Ð		
				Detect device	

Figure 5: Configuring a camera in Ekiga.

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can listen to the delay between speaking and hearing an echo of your own voice.

Troubleshooting

Of course, things can go wrong. In fact, you'll find that there are as many potential sources of error in a VoIP client as there are settings. Some of the typical causes of error, and some of the possible solutions, are listed in the "VoIP: Troubleshooting" box.

Logging is a useful option if your client fails to register, or if you can't connect. In Ekiga, select *Tools* | *Call history*. This takes you to a list of error messages and other messages, such as for cases in which you can't reach a contact.

If neither the table nor the error messages in the history list help, you can refer to web forums, mailing lists, or newsgroups on the topic, or you can search the web with your favorite search engine. If you need information on generic ALSA or Video4Linux configuration issues, forums for your own Linux distribution are likely to be more useful than general forums on Linux or VoIP.

In really difficult cases, you can look for errors using a program such as Tcpdump [8] or Wireshark [9] to analyze the STUN or SIP traffic on your Internet connection. However, before you load the big guns, remember that the problem could be because your provider's server is down or incorrectly configured.

Border Infringements

Some connection attempts fail because the registrar refuses to forward incoming calls from some other providers. If you set up the SIP proxy recommended by your provider, this could also prevent outgoing calls to other providers.

The easiest solution to dealing with such hijacking is for both subscribers to move to a free registrar. When you call this contact, both of you need to make sure you select the account for the shared provider in your SIP clients. The *Default* option in the Ekiga account dialog box is needed for the calling side.

If the provider only restricts calls to or from other networks in exceptional cases, it might make more sense to call the contact via land line (PC to Phone) using the VoIP client. Depending on your provider, different approaches are used, but as you can imagine, links between the worlds will cost you money, and using a normal land line phone might be less convenient for the person you are calling.

This approach also works in the reverse direction (Phone to PC): If you would like to accept calls from the normal PST network, you can ask your provider for a land line number. Callers who ring

Listing 3: Connecting a Webcam

```
Ol ∦ dmesg | tail
```

```
02 ...
```

- 03 usb 1-1.1.4: new full speed USB device using ehci_hcd and address 48
- 04 usb 1-1.1.4: configuration #1 chosen from 1
 choice
- 05 ... USB SPCA5XX camera found.(ZC3XX)
- 06 ...



Figure 6: Ekiga supports text-based chat in addition to voice and video.

this number will be directed to your Linux machine's VoIP link.

Saving Bandwidth

If voice quality is unexpectedly low or if the connection breaks down completely, both the caller and the callee should consider whether other applications are currently hogging too much Internet bandwidth. Typical examples would be downloading large files or sending large email attachments.

If you fail to discover a bandwidth hog, the evil-doer might reside on the same local network as you or your contact. If several parties use the same LAN, the upstream of the DSL connection can be a bottleneck. One possible approach is to do without video.

Picture This

If you have a camera and you don't mind letting callers see your face, it's time to continue with another step in the configuration marathon. Cameras on Linux are normally controlled by the Video4Linux [10] subsystem. Depending on your distribution, this subsystem could be built in to your kernel or be available as a kernel module.

You will need a driver for your model of camera. It is easy to find out whether your kernel has Video4Linux support: go to the /*dev/v4l* directory and look for the *video* or *video0* device files, which should be there if your camera is working:

ls -1 /dev/v4l
crw-rw---- 1 root video 81, 0 Ma
y 17 12:45 video0

Be sure to add users who are permitted to use the webcam to the correct group, visible from the device listing above. When you connect the camera, you should see an entry in your system messages (Listing 3).

Use a program such as Xawtv [11] to make sure your webcam is working properly before you integrate the camera with your VoIP client.

In Ekiga, you can configure your camera in the settings under *Devices* | *Video Devices* (Figure 5) by selecting *V4L2* or *V4L* as the video plugin (this is trial and error, and it depends on the driver module), clicking *Detect devices*, selecting the hardware from the list by *Input device*, then setting the *Format* to *Auto*, *NTSC*, or *PAL* as appropriate.

Patience Pays

Another tip: When you quit the VoIP client, don't lose your patience. It takes a couple of seconds for the software to revoke the registration you made on launching the program and tell your registrar that you are offline. If you forcibly quit in this phase, you might not be able to register when you relaunch.

INFO

- [1] Ekiga VoIP client:
- http://www.ekiga.org [2] Linphone: http://www.linphone.org/ index.php/eng
- [3] VoIP basics: http://en.wikipedia.org/ wiki/Voice over IP
- [4] STUN: http://en.wikipedia.org/wiki/STUN
- [5] Free VoIP account: http://www.ekiga.net/user/reg/
- [6] ALSA project:
- http://www.alsa-project.org
- [7] Twinkle: http://www.twinklephone.com
- [8] Tcpdump: *http://www.tcpdump.org*
- [9] Wireshark: http://www.wireshark.org
- [10] Video4Linux: http://linux.bytesex.org
- [11] Xawtv: http://linux.bytesex.org/xawtv

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VoIP: Troubleshooting

No sound via loudspeakers or headset (error message)

- Check your Alsa configuration (kernel, kernel modules and drivers, /proc/ asound/cards)
- Check access privileges in /dev/sound and group memberships

No sound, no error message

- Switch on loudspeakers
- Connect loudspeakers/headset
 properly
- Make sure loudspeakers/headset are not muted
- Set volume higher (master and PCM channels)

Registration fails

- Enable logging to locate error
- Check STUN server settings
- Recheck your account data
- Configure SIP proxy (*Edit* | *Settings* | *Protocols* | *SIP settings* in Ekiga)

No connection to contact

- Enable logging
- Check spelling of your contact's SIP address (including the host part)
- Select another provider in your own client
- Delete SIP proxy settings
- Use PC-to-phone for the call (not free)
- Check for automatic call reject or forward (if problems with receiving calls occur)

Only one subscriber can hear sound

- Use STUN
- Check router/firewall settings

Poor voice quality or connection interrupted

 Use less bandwidth for other purposes

No camera image

- Check Video4Linux configuration (kernel, kernel modules and driver, /dev/v4l)
- Check access privileges in /dev/v4l
- Check to see whether user is assigned to correct group
- Connect camera properly
- Adjust brightness and contrast
- No camera image in VoIP client
- Enable video transfer
- Select correct device
- Use a different VoIP client for comparison
- Incorrect colors in image
- Set the correct image standard (PAL, SECAM, NTSC)
- Disable camera client-side, unplug camera from PC, reconnect, and redo camera setup client-side